

YOUTHSEED

Planting Projects for a Regenerative World



Join us October 24th-31st
in Oasis Des Âges, France



Co-funded by the
Erasmus+ Programme
of the European Union

What



This training invites youth workers for 6 days on how to design and implement projects within the Erasmus+ program, focusing on the youth sector.

The overall aim is to strengthen youth organizations' ability to integrate sustainability into their operations and empower youth workers to become active agents of change in their communities. The project will not only contribute to the professional development of youth workers but also catalyse the creation of innovative, green projects that foster long-term environmental and social impact.

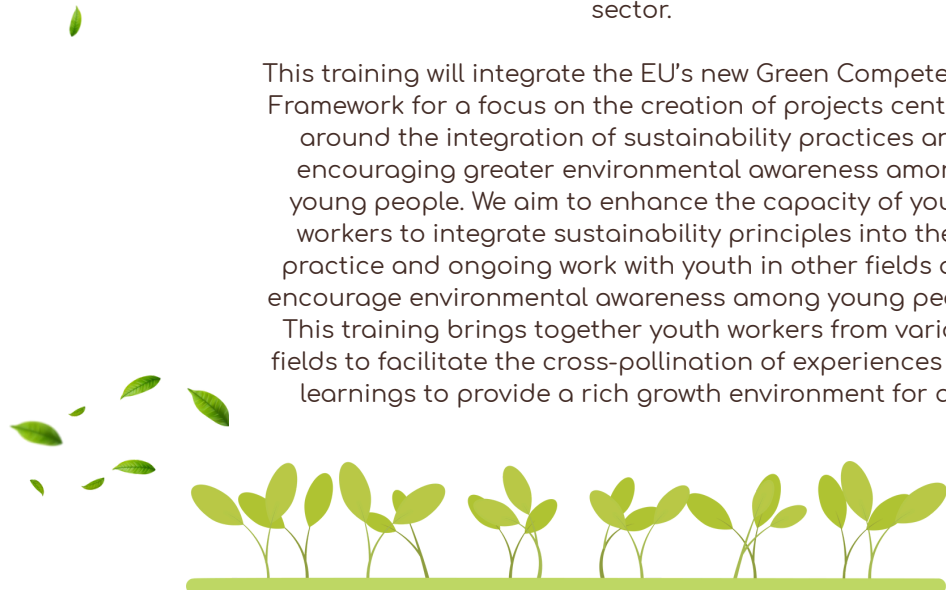
This project itself is funded by Erasmus+, which is the EU's initiative for education, training, youth and sport providing opportunities for international collaboration, cultural exchange and skill development across Europe and beyond.



This training course is about:

This training invites youth workers for 6 days on how to design and implement projects, focusing on the youth sector.

This training will integrate the EU's new Green Competences Framework for a focus on the creation of projects centered around the integration of sustainability practices and encouraging greater environmental awareness among young people. We aim to enhance the capacity of youth workers to integrate sustainability principles into their practice and ongoing work with youth in other fields and encourage environmental awareness among young people. This training brings together youth workers from various fields to facilitate the cross-pollination of experiences and learnings to provide a rich growth environment for all.



Who

We are looking to engage people who:

- are 18+
- actively engage in working with youth and creating projects for their learning and development.
- Already know about creating and managing projects, but want to learn more about project creation, or are complete beginner.
- Are interested to gain skills and knowledge in areas of the ecovillage movement, human rights, advocacy, and sustainability.
- Are actively engaged in youth work, working both in English and their local language or are confident in their level of English
- Have the capacity to take on new learnings and share about their learnings, experience, and new connections to their broader network.
- Are from France, Greece, Italy, the Netherlands, Poland, Portugal, Slovenia, and Spain.

We aim to reach a diverse range of organisations from different parts of Europe with varying levels of experience, and strongly encourage people with fewer opportunities to apply.



Meet the Team



Dario Ferraro

Dario has a background as a documentary filmmaker and he is an active youth worker since 2012, when he co-founded a project for non-formal education, community-supported agriculture and rural development in central Spain. He then became Communications Coordinator at Sunseed Desert Technology, Spain, a community-led educational centre for the transition towards sustainability, where he actually coordinates international programmes. He is an experienced project manager and facilitates trainings focused on media-literacy, sustainability, deep ecology and nature-based educational tools. He has huge experience with Erasmus+ projects as well as sustainability and regeneration projects and will make sure those two aspects are properly taken care of within the project.

Role: Co-Facilitator



Meet the Team



Anna Książek

Anna is a trainer, coach, social projects coordinator, activists and youth worker. Founder of the initiative ExChange the World within which she travels around the world collecting stories of changemakers. For a few years she has focused mainly on topics connected to Global Education, changemaking and creating social projects, personal development, social entrepreneurship, sustainability/regeneration. She has huge experience with non-formal education and youth work and will make sure that all our educational activities are of the highest quality. She is a psychologist and professional coach who can provide adequate support to representatives of partner organizations and, above all, participants, especially participants with fewer opportunities.

Role: Co-Facilitator



Meet the Team



Arianna Perry-Moore

Ari has a background in Environmental Science with a specialisation in water management. She has been writing and managing projects for several years. Her combined interests of sustainability and regenerative of the self and interpersonal relations brought her to the ecovillage movement. She deeply enjoys making people feel seen and heard and will be handling organisation behind the scenes and supporting on facilitation during the training days.

Role: Project Manager, Assistant Facilitator



Meet the Team



André Patrão

. For the past five years, he's had life-changing experiences through Erasmus+ trainings and volunteering opportunities. Inspired to share these experiences, he joined a group dedicated to creating and developing trainings linked to the ecovillage movement in France and across Europe. I'm a professional video maker, a dreamer, a believer, and a builder—committed to shaping a more just and resilient way of life.

Role: Organisational Host



Objectives

Through the training, participants will:



- Develop the skills of creating and implementing holistic projects in the field of sustainability and regeneration
- Network and create new partnerships
- Receive education on Erasmus+ and other European opportunities
- Receive support in Project Idea and Group formation
- Develop project ideas
- Build Practical Project Writing Skills
- Engage with the local community with a regenerative focus
- Draft and present projects
- Receive and integrate feedback
- Exchange best practices between youth organisations and youth workers
- Increase Green Competence in Youth Organisations



Methodologies



This training will incorporate several different learning and teaching methods:

- **Peer-to-Peer learning:** This approach encourages participants to share experiences, knowledge, and best practices with one another, enhancing collective intelligence and fostering a sense of community.
- **Facilitated sessions:** Experienced trainers will guide sessions to help participants maximize their learning. The facilitators will provide additional knowledge where needed while also enabling participants to uncover their own insights.
- **Interactive non-formal learning:** Various participatory methods will be used to foster a relaxed and open atmosphere as well as interactive learning environment.
- **Public speaking and presentation:** Participants will have the opportunity to share their project ideas in many settings and to a variety of different audiences such as group of peers, one-on-one pitch, for Erasmus+ audience. This will develop both oral and written presentation skills.
- **Giving and receiving feedback:** Participants will have opportunities to critically review each other's ideas and hear perspectives on how to further develop their own ideas.



Venue



- Rooms range from single rooms, double rooms, shared rooms for 5 people
- You will need to bring sheets // linens
- Communal bathrooms with showers, sinks, and a dry toilet
- Food will be vegetarian, with adaptations made for special needs and allergies



Other Important information

- The training will take place in a drug- and alcohol-free environment. It is not allowed to use or bring them during this training.
- Additional personal insurance is required by Erasmus and it the responsibility of the participant to secure
- Arrival is on the 24th of October and departure is on the 31st



Travel Reimbursement

This course is co-funded by the Erasmus+ Program and provides a specific amount to reimburse travel cost. The amount varies based on country. We'd love if it is possible for you to travel by land - via train, bus, BlaBla car, carsharing, etc - 'Green Travel'

Country	Travel Budget €	Green Travel Budget €
France, Spain	211	285
Greece*, Italy, Netherlands, Poland, Portugal, Slovenia	309	417

- ❖ For trips to qualify as 'green travel', the majority of travel in km should be done by land.
- ❖ Taxi fares cannot be reimbursed, if you decide to take a taxi, it will be at your own expense.
- ❖ *There is no additional Green Travel Budget for Greece
- ❖ Travel costs will be reimbursed only after the submission of travel tickets and filling out the participant report. Please remember to keep all original travel tickets and receipts - you will need to submit them to us.
- ❖ You will receive travel reimbursement based on actual costs for which you provide original tickets/receipts, with a maximum limited by your travel budget



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Will you join us?

Register through the following link:

<https://forms.gle/q6bs9f97otB7Ct9DA>

Contact us!

Arianna Perry-Moore, Project Manager

Please don't hesitate to reach out if you have any questions - communication via email will be preferred to arianna@gen-europe.org.

