

SUPPORTING LOCAL COMMUNITIES:

ASMISAF

AUNA inclusió

European Solidarity Corps project

Gandía, Valencia (Spain)

Starting as soon as possible

For a duration of 12 months

1. What is ESC?
2. Hosting organisation
3. Coordinating organisation
4. Location
5. Activities
6. Practical details
7. Application/Contact information



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1. What is ESC?

ESC (European Solidarity Corps [Volunteering projects], *former European Voluntary Service [EVS]*) is an **international volunteer experience** funded by the European Commission. It allows young people (17 to 30 years old) resident in Europe to have a full-time international and intercultural volunteer experience in an organisation abroad for a period of time between 2 and 12 months. It provides the travel expenses, full board (food and accommodation), invoices (electricity, gas, water), local transport and an amount of pocket money per month (it varies depending on the country).



More info: https://europa.eu/youth/solidarity_en

2. Hosting organisation

We are an association of parents of people with intellectual functional diversity, declared of Public Utility by the Ministry of the Interior, which was created more than 50 years ago in the region of La Safor. It is directed by a Board of Directors in parents' assembly and we work so that people with functional diversity and their families have a dignified life and can enjoy a project for the future.



We have 2 main residences, one in Potries and another in Gandia. There are 115 people working in our centers. In the residence of Gandia there are a total of 20 users while 44 users are in Potries.

Rehabilitation activities are carried out (physiotherapy room, rehabilitation pool, stimulation room and personal autonomy), with appropriate staff, physiotherapists, educators and psychologists.



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In the occupational center, therapies are carried out with subcontracted jobs handmade wool carpets, pottery workshop, hand-painted fans, bead workshop (such as bracelets, pendants, etc.) and details for gifts and printing (such as mugs, T-shirts, Christmas baskets). We also have theatre workshops and a theatre show that our users create during the year.



We also have programs for initial professional qualification, gardening, cleaning, cooking. Training and job placement workshops and comprehensive employment plans, as well as a special employment center ECONATURA SAFOR S.L., where 70% of the employees are people with intellectual functional diversity.



Group activities are carried out on Friday and Saturday afternoons to give walks and snacks to our users of the center or even to people who do not belong to it but are associated to the entity to be able to have this service.

Short-term activities out of the center are carried out, in which a group of users with monitors go to a hostel from Friday to Sunday with activities both within the facilities of the hostel and outside it, visiting tourist areas of the town.



At Asmisaf we work so that the intellectually disabled and their families have a dignified life and can enjoy a project for the future. We offer:

> RESIDENCE AND DAY CENTRE

> Rehabilitation activities (physiotherapy room, rehabilitation pool, sensory stimulation room) and personal autonomy, with appropriate staff, physiotherapists, educators, psychologists...

> OCCUPATIONAL CENTRE with initial professional qualification programs.

> LEISURE with summer camps, weekend outings, family breaks, trips.

> THERAPEUTIC GROUPS for parents

> Self-advocacy groups

More information about the organisation can be found at: <http://asmisaf.com/>



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PLEASE READ VERY CAREFULLY:

This is a challenging project with people with intellectual functional diversity.

Background of these people might be delicate with difficult life situations that provokes that their behaviour might tends to be verbally aggressive/complicated.

It's very demanding but also extremely enriching and satisfying for volunteers.

Please take this into consideration before applying for this project.

3. Coordinating organisation

XERACION VALENCIA [xeracionvalencia.org] is a non-profit youth cultural association created in Gandia (Valencia, Spain) in 2014 by an enthusiastic group of people who decided to leave their regular jobs and try to enjoy their day by day while doing something enriching and meaningful for their local communities. **This ESC project is coordinated by Xeracion Valencia who is in charge for all logistical aspects, food, pocket money, accommodation and any bureaucratic or administrative task.**

It's an active member of the Council of Youth of Gandia and some of our objectives are:

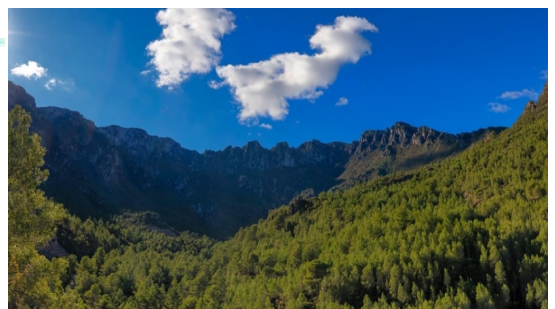
- To encourage and facilitate the international mobility of youth and youth workers (especially for groups with fewer opportunities).
- To empower youth in order for them to have their own critical thinking and analysis, an active citizenship and participatory democracy.
- To enhance values of tolerance, human dignity, interculturality, solidarity and cooperation, social justice and integration.



4. Location

The project is developed in ASMISAF CENTER in Gandia, on the region of "La Safor". Mainly at our headquarters but also in the other buildings in the region of La Safor.

The capital of the region is Gandia, with a population over 80,000 people in the Mediterranean east coast of



Spain between the cities of Valencia and Alicante.



La Safor is an attractive region, divided between the coast and mountainous interior. The natural habitat of the high mountains of Mustalla, Safor, Agulles and Grossa is rich with vegetation, while the coastal border is made up of plains of wide groves, long beaches and also a dense urban area.

5. Activities

There will be a very wide range of possible activities available for the volunteers, with a maximum of 35 hours per week and being able to help and give support in tasks such as:



Excursions to the different porrats of the villages of the Safor: They are usually at weekends, when they do not have a day centre or activity centre. We go to the Porrat where we visit the craft market, go on the fairground rides and have a snack or refreshment.

Cinema visits: we arrange a visit to the cinema to confirm and reserve the seats we need, we buy popcorn and soft drinks and we enjoy the film we have chosen together. When the film is over, we take a walk around the shopping centre.

Trips for walks and snacks: We usually have many activities out of this type as we all like to get out of the house and socialise with the rest of society either walking or just sitting on a terrace having a

drink and watching other people go by.

We usually choose a different town and sometimes there are towns where they used to live with their relatives and where there are still people they know and can see when they pass by.

Cooking/handicraft workshops: a group of residents, together with an assistant, go shopping for what is needed to carry out the programmed activity, cooking or any other type of handicraft.



Relaxing baths with salts, essences and massages: at appropriate times and for those users who like and enjoy this activity, relaxing baths with essences and special soaps for

residents in which they can relax and enjoy at a prudent time of disconnection and the pleasant scent of the essences.

Weekend walks on the beach: At weekends and when the weather is good (especially in winter) we go for walks on the beach in groups. Sometimes along the promenade or along the shore, depending on the season.



Organising Christmas, Easter, Valentine's Day, Fallas, Carnival, Peace Day: We love to celebrate all the holidays with our friends and monitors, like putting up the Christmas decorations, Valentine's Day, choosing our costume and dressing up.

Decorating the organisation's premises in Potries: To be able to organise a good party or celebration, it is necessary to have a good decoration and we are very good at decorating with things bought and made

handicrafts by reusing materials.

Water activities (in summer): As we have a swimming pool in the center, we like to go swimming in the summer and organise activities of free choice and rhythm as aqua-gym.

Watching films with popcorn and/or snacks: We have multipurpose rooms where we have a projector where we can show films or do karaoke and others dance or vice versa.

Sensory and musical stimulation sessions: Different materials are used to carry out stimulation sessions so that our users who are unable to do other types of activities can do and discover through touch or sound a variety of manipulative or auditory objects.



Assemblies: our users give their opinion on what activities they want to do, where they want to go for a drink, a walk or other activities of their choice.

6. Practical details (participants, food, accommodation...)

This project has been designed for **3 volunteers (any nationality) with residence in any EU programme or neighbour country.**

The accommodation will be in private rooms in a shared apartment situated in Gandia (together with other ESC volunteers from other project) and all the expenses in the house will be paid by the organisation (electricity, internet, water, gas). Each volunteer will receive a SIM card for their telephone and a bicycle to move around locally.



In addition, they will have the option of getting a fertile small holding for themselves to grow their own vegetables, fruits and herbs. We will give them all the support needed to start, but they will have to compromise to take care of it.

Once a month (starting by arrival date) each volunteer will receive their pocket money and food money for a total of 330€ (6€/day as pocket money and 5€/day for food).

7. Application/contact information

We are looking for **one last highly motivated volunteer (any nationality)** from any of the [EU programme countries](#) with a very **positive attitude and initiative**, adaptable to change, with **problem-solving capacity** and able to work both independently and as a team member. The ideal candidates should have some experience, studies or a major interest in:

- Social Education and integration, Psychology, Sociology, Anthropology or similar.
- Audio-visuals, Web management, Social media or any related topics.
- Working/volunteering with people with intellectual functional diversity.

Based on previous experiences at least an intermediate level of Spanish language (B1/B2) is required for this project. If you want to join us, please [APPLY HERE!](#)

Applications will be accepted until volunteers are found!

Muchas gracias!

